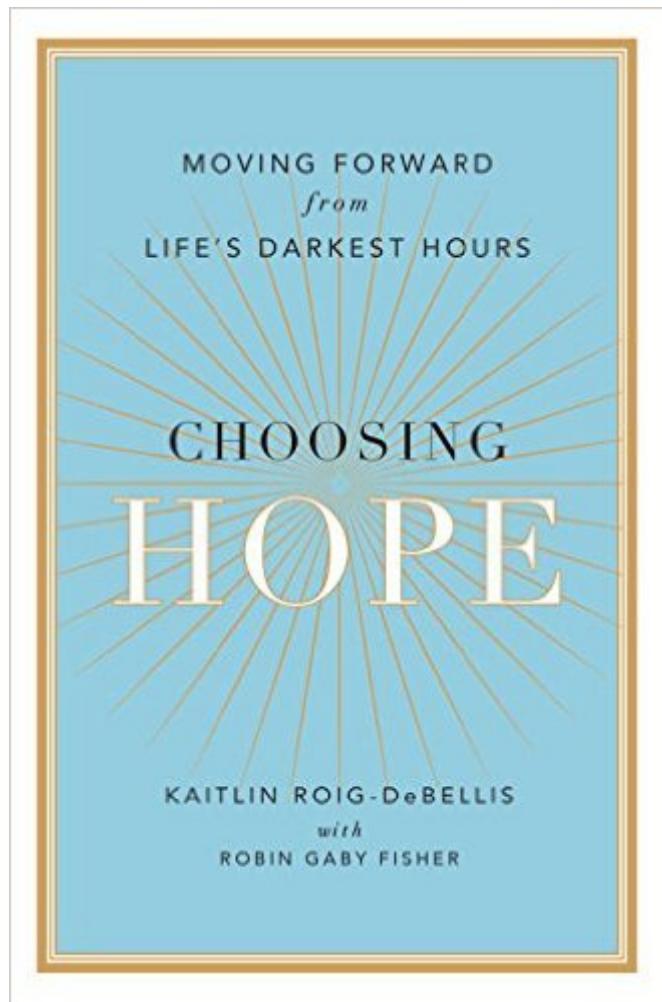


The book was found

# Choosing Hope: Moving Forward From Life's Darkest Hours



## Synopsis

"[S]tirring...a bold, inspiring and ultimately hopeful book."Arianna Huffington, co-founder and editor-in-chief of The Huffington Post and author of the New York Times bestseller *Thrive*  
Kaitlin Roig-DeBellis is the first-grade teacher at Sandy Hook Elementary School who saved her entire class of fifteen six- and-seven-year-olds from the tragic events that took place on December 14, 2012, by piling them into a single-occupancy bathroom within her classroom, mere feet from the brutal and indiscriminate massacre taking place outside the door. Since then, despite the unimaginably painful experiences she endured, she has chosen to share her experience with others, in the hope that they too can find light in dark moments. Choosing Hope is a lot of things. A written witness to a tragedy that will never be forgotten. A gripping firsthand testament to the power of good over the power of destruction. An inspirational memoir by a brave young woman whose story is one of courage, heroism, faith, and resilience. And a celebration of all the people who make the choice to pass along their hope and positivity to young onesparents, mentors, and especially teachers. There is no moving on, but there is always moving forward. And how we move forward is a choice."[M]oving" -Wally Lamb, New York Times bestselling author of *We Are Water* and *She*'s *Come Undone*"[B]rave" -Karen Armstrong, New York Times bestselling author of *Twelve Steps to a Compassionate Life* and *The History of God* Although now I have witnessed the worst of mankind, instead of feeling bitter or regretful I have chosen to embrace gratitude. I believe in the power of kindness, the influence of educators and mentors, faith and God, and most of all I believe in humanity. Bad things happen to all of us, things that test us and impact us and change us, but it is not those moments that define us. It is how we choose to react to them that does. "Kaitlin Roig-DeBellis

## Book Information

Hardcover: 272 pages

Publisher: G.P. Putnam's Sons (October 6, 2015)

Language: English

ISBN-10: 0399174451

ISBN-13: 978-0399174452

Product Dimensions: 5.8 x 0.9 x 8.5 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars  See all reviews (117 customer reviews)

Best Sellers Rank: #305,907 in Books (See Top 100 in Books) #190 in Books > Biographies &

## Customer Reviews

I am saddened to have even picked up this book. I can't believe the amount of self glorification continued within its borders. I was expecting to a heartfelt and enlightening account of the Newtown tragedy but it was none of that. I wish I can ask for a refund.

If you're in need of serious help, and are in your darkest hour, choose another book. Calling this a "Self-Help" book is a large misnomer. Self-praise, yes. Self-help, not so much. At least it didn't help me, a much older person than the author trying to recover from my worst crisis, a painful divorce. I give her top marks for resourcefulness and bravery I couldn't even imagine happening. But her chance to recover was much greater than my own. For starters, the author was 29 when Sandy Hook happened—much younger than myself. Second, she started with money in her background and made a lot more on speaking tours since Sandy Hook. It's a lot easier to have hope for the future if you have lots of jack in the present, and speakers—even marginal ones like I used to be don't come cheaply. This book is 90% uninteresting memoir, 9% exciting tale of a resourceful woman's survival, and 1% clichés about moving forward. This is five hours of my life that aren't coming back, while I remain in the quagmire I've been stuck in for so many months now.

This book is total bull s\*\*\*

If there is a God she has not seen her darkest hours yet.

If 65% of reviewers give this book one star, how can the rating appear so high?

How exactly 48% of the 1 star vs of the 44% of the 5 stars get you 4.1 stars review?

TPTB

Too many words. Waiting for the movie

[Download to continue reading...](#)

Choosing Hope: Moving Forward from Life's Darkest Hours Violins of Hope: Violins of the Holocaust--Instruments of Hope and Liberation in Mankind's Darkest Hour Pre-Geometry (Straight Forward Math Series, Book 2) (Advanced Straight Forward Math Series) The Fast Forward MBA in Project Management (Fast Forward MBA Series) Building on Your AIX Investment: Moving Forward with IBM eServer pSeries in an On Demand World (MaxFacts Guidebook series) Moving Forward on Your Own: A Financial Guidebook for Widows When Buyers Say No: Essential Strategies for Keeping a Sale Moving Forward Better: How I Let Go of Control, Held On to Hope, and Found Joy in My Darkest Hour Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss (Women of Faith (Thomas Nelson)) Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss (Women of Faith) Carried Forward By Hope (# 6 in the Bregdan Chronicles Historical Fiction Romance Series) Choosing to SEE: A Journey of Struggle and Hope Hope Into Practice: Jewish Women Choosing Justice Despite Our Fears Blitz the Big Book of Cartooning: The Ultimate Guide to Hours and Hours of Fun Creating Funny Faces, Wacky Creatures, and Lots More! Sams Teach Yourself WordPerfect Office 2000 for Linux in 24 Hours (Teach Yourself -- 24 Hours) Sams Teach Yourself UNIX System Administration in 24 Hours (Sams Teach Yourself in 24 Hours) Sams Teach Yourself DirectX 7 in 24 Hours (Teach Yourself -- Hours) Swift in 24 Hours, Sams Teach Yourself (Sams Teach Yourself -- Hours) Sams Teach Yourself RoboHELP 2000 for HTML Help in 24 Hours (Teach Yourself -- Hours)

[Dmca](#)